

You Are Once Again Moving On...

I think most of us will agree that we've been through some pretty intense times the last several years. When things of that nature occur we tend to think it's because we've done something wrong or we're going through a string of bad luck or we've simply been in the wrong place at the wrong time. But the truth is: *you have so much going for you that you're being developed even further than you ever thought possible.* You're being given an opportunity to let go of the parts of life that are no longer in your best interest nor serve your highest purpose. In simple terms, you're being directed toward a path that will take you where you are meant to go.

We are on our way to a new life, and as we walk this path we are challenged to let go of relationships, places and things we've either outgrown or are no longer there for our highest good. A simple way to understand this is to ask yourself if you would be content going every day, for the rest of your life, to your third grade classroom. All smiles aside, my guess is probably not. We graduate from grammar school and four years later from high school. Some of us go on to college and graduate school, but we all outgrow teachers and subjects we learned from in our earlier years so we can move into higher learning. It's the same with our personal growth. When we grow emotionally, mentally, spiritually and with life experience, we move on from some of our old environments and relationships because we are going to a different classroom, and we have to allow others to do the same. If we don't take this step, we can hold them back as well as ourselves and either postpone or lose opportunities to meet new situations and people more specific to our further growth and needs.

Sometimes when our lives begin to change, people we've known may say and do things that hurt us, but very often it's the part within that realizes on some level we're moving on. The behavior and actions of those around us indicate that we have an opportunity to release them if it's not a healthy place or relationship for us to be in. In our hearts we thank and forgive them because it was part of everyone's growth and letting go process. However, the friendships and relationships that are meant to stay with us will continue, even if we don't think the same way or share the same belief systems. The relationships that melt out of our lives will ultimately be replaced with new people we can connect with as we continue our life journeys. There is an old adage that says people come into our lives for a reason, a season or a lifetime. If you look back at the people and relationships you've experienced throughout your life, you can easily see that every single person was in your life for a specific reason and period of time.

You have been preparing for your new life for a very long time and are well on your way. You are stronger than you were. You are wiser than you were. You have survived challenge after challenge. You are being tempered like steel over fire, so you can handle whatever comes your way. You are

learning wisdom, endurance, strength and compassion to help you reach your goals. You're getting closer to who you truly are even though you may not always be aware of it. Opportunity is beginning to knock – do not doubt that it is here. It has only – and simply – been waiting for you to get to the place you needed to be before it could present itself. When it comes you will be ready to embrace it with all its joys and challenges. Never doubt that everything that happened – happened for a reason.

A wise person once said that just because things don't work out the way we planned doesn't mean they didn't work out well. Stop to think of the times you went through challenges you didn't want to face only to discover they were exactly what you needed to help you go forward and move through your fears. You are once again moving on to a new understanding of life.