

What the Heck Is Going On?

We might as well get used to weird, there's plenty of it going around.

Much of the “weirdness” and intensity we're experiencing are the changes we've been going through to reach new levels of awareness and understanding about life. We're not where we were even a few years ago, and have changed our minds about much of what we believed to be true. As we are shifting, so is everything around us, including our planet, and we're adjusting to the changes we feel both inside and outside of our bodies. We stepped through a doorway into unfamiliar territory and don't quite know what to expect, although we know it's a different place than we've ever been. Humanity as a whole is being required to face endings and beginnings, which explains – in large part – why we see so much chaos and drama going on around the world.

For people with eyes to see and ears to hear it's a little more understandable, because while it's still not easy, knowledge helps us make more sense out of what we see and feel. Most of us have been raised to think from a physical or worldly point of view, and now the more intuitive/creative side of life, which science says comes from the right side of our brain, is waking up. That can present challenges, especially when we are unwilling to change the way we think. The good news is we're getting more in touch with our true nature, which involves so much more than our physical bodies, and helps make life more enjoyable.

The things we see happening around us are helping us wake up, pay attention, and become more aware. We need to tap into this information and try to understand it the best we can. We're beginning to realize that Science and Spirituality truly do walk hand-in-hand, and are witnessing the birth of a new way of life. That's what makes these times so exciting! We have the opportunity to be part of this birthing process, working toward the potential of the world community coming together. Despite the challenges our new levels of awareness and understanding are presenting us with, we are also being provided with new tools, new guidance, and eventually a more balanced way of life.