

The Earth Changes

A few years before the new millennium began, we were, and continue to be, inundated with predictions of catastrophic earth changes, most foretelling them to be of Armageddon-like proportions. It's hard to escape from these predictions as they are all around us, coming from media including television, magazine covers, radios, newspaper articles, books, even churches and "new age" periodicals. We're seeing pictures of the 16th century mystic Nostradamus on covers with such dire headlines as, "Nostradamus' Predictions of Earth's Destruction Coming True", the authors and writers predicting things that perhaps Nostradamus never meant or said. We've heard that 3 days and nights of complete darkness or unbearable light – depending on whose article or program we're responding to – is coming our way and we need to prepare ourselves because the entire world will be in chaos. Survival camps of like-minded people are being set up around the world in the belief that when the world is in chaos, these camps will be totally self-sufficient. These camps are being set up underground, in tunnels, hidden deep within mountains, and other places where people think they will be safe.

There is no denying that earth changes are going on. The destruction we've seen caused by tsunamis, drought conditions, unusual weather patterns, hurricanes, earthquakes, and the toll on life these have taken – are proof.

But the question is: are we headed into complete and total chaos as we're being led to believe? What are we putting into our conscious and subconscious realities? There are things that happen we cannot control, but our minds *can* and *do* create much of what goes on around us.

Prophecies are probabilities, not fact, based on the *probable* outcome *if* things continue on the path they are currently on. Prophets show us the way we're headed, that is their job. However, their prophecies offer us an opportunity to change the way we think, act, and live, thereby allowing us to *change* the believed outcome to a high degree, if not entirely. Remember, prophecies are not absolute. Nevertheless, if we believe all the horror stories we hear about annihilation, there's a good chance we can create it.

It's time we step back and take a more realistic view of what's going on and be more discriminating about what we believe and accept as reality. There's nothing wrong with keeping extra food, water, and whatever necessities we feel we need on hand because there may be a time when we need them. To put our heads in the sand and deny there are changes going on or that there may be changes later on is just as out of balance as expecting complete and total destruction. We need to

balance our emotions with reality and use common sense in what we do and choose to believe.

What are you putting into your conscious and subconscious mind? Think about it.