

Millennium Madness

Okay. We've all heard the dire predictions regarding Y2K and the new millennium changes. Stores are supposed to run out of food. Banks are supposed to lose all our financial information. Trucks are supposed to drive around in circles because they won't be able to figure out which way to go to make their deliveries. Computers are supposed to crash. The new millennium is supposed to open riddled with chaos.

My question is: *Who is offering us a vision of a positive future?*

I happen to think that we are greater than any doomsday prediction. Could it be that at least part of the fear is we sense that as a human species, we are evolving into something we've never experienced before? Are we realizing that the past few decades of materialistic gathering is not the real reason we're here and we know we have to face that fact?

I think we're taking our first steps into realizing what our potentials point us out to be. Our past belief systems are not working very well so we can't help *but* evolve into a different way of life. I think most of us feel that's a scary place to be. But if we realize we are simply evolving, as humankind has been doing over millennia since creation, we realize we are growing into our destinies and we're evolving into knowledge and knowingness that takes us beyond our physical limitations.

It doesn't have to be so scary. We are growing into realizing who we really are and connecting with the parts of us we've disconnected from. We are reconnecting with our intuitive/spiritual selves, the *knowing* part that gives us our "gut" feelings. This means we are experiencing the birth pangs of new life, not the death knolls of life ending. We are learning that we need to align ourselves to something greater than what our materialistic world has been offering, because our designer jeans and credit cards have not filled up the empty space so many of us feel in our lives. Logically, that means there has to be something *greater* than what our material world has been offering us and we're being drawn to that Force. We can no more stop this evolution than we can stop an avalanche that has gained its own momentum.

Because of the explosion of electronic media such as the Internet, and immediate news and pictures coming into our homes not only from paid media, but from "everyday" people, we are realizing a much truer picture of what's going on around our planet and what's going on outside our relatively safe lives. Humanity as a whole is questioning its worth and its purpose. As with past evolutionary leaps such as the Renaissance and the Industrial Age, we are witnessing – and feeling – a quickening of the

times and our lives. We already know things are changing. We already know we are moving on. But we also need to understand the things we fear are only temporary, and like a child who is learning to walk, we may stumble and fall a few times. However, also like the child who stumbles and falls, we will learn to stand tall and walk confidently into our future. We have survived worse and come out stronger. We are a resilient species. By keeping our minds logical, stable, and free of unnecessary fear, we will make it easier not only for ourselves, but for our children and all who share our planet.

As President Franklin D. Roosevelt so succinctly stated, "We have nothing to fear but fear itself."