

Can We Work Together?

There is no denying that there is a revolutionary change occurring in our medical worlds today. More and more people are searching for alternative ways to either attain or maintain good health. Along with this change we're finding that it isn't easy getting unbiased answers from either the allopathic health field (our traditional system of seeing doctors, often being prescribed medications or surgery to help us get better), or naturopathic (our "new" way of seeing naturopathic doctors and people who help us heal through supplements, homeopathy, acupuncture, massage, etc.) Both camps have strong arguments as to why they are so effective in helping us heal and why we should stay with them. But if there is one thing that we are learning in our evolutionary process, it is that no one person, belief, or organization has all the answers.

During the second world war when many men and women were dying of bacteria due to illness and wounds, penicillin was instrumental in saving thousands of lives. Since that time we have depended on penicillin and other allopathic medications to help us deal with and heal our health issues with great success. But along with the success of these medications we have also seen resistance build up and side effects that are difficult to live with, challenging us to search for additional ways to heal.

Because our traditional health care system has been slow in researching and acknowledging natural ways of achieving good health, many people have taken it upon themselves to look for alternative ways to get back into balance, leading us into a renaissance of healing. Our traditional medical communities have very important tools to help us attain good health. They are becoming aware that naturopathic medicine also has viable, important tools. If it is truly our intention to provide excellent health care, we need to bury our defenses against one another and learn to work together. There is as much prejudice in both allopathic and naturopathic health care systems as there is in our race relations against one another. No matter where prejudice is practiced, it is not limited – yet it limits.

Can we work together?

Perhaps our survival as a human species depends on it. Already we are seeing viruses develop that our traditional medicines cannot touch. Let us combine all healing modalities from medical camps both allopathic and naturopathic and work together for the benefit of *ALL* life.

Once again the challenge is: *Can we work together?*